

how energetic do you want to get?

WE GET IT, SOMETIMES YOU JUST WANT TO START OF WITH A LITTLE BIT OF ENERGY TO SEE WHICH LEVEL WORKS FOR YOU. BUT IF YOU DARE TO GO FOR ALL THE SPARKS, WE CHALLENGE YOU TO GO FOR OUR SUPER POWER! PACKAGE TO DISCOVER THE TRUE NHOW SPIRIT.











our packages full day, 8 hrs

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Meeting room rental with free wi-fi	✓
Flip chart, screen & beamer	✓
Battery recharger lunch	✓
Tempting break: morning power	✓
Tempting break: afternoon power	✓
Always-on mineral water	✓
Welcome coffee & tea	✓
Always-on fruit in meeting room	✓
Always-on soft drinks for the sugar lovers	✓
Always-on coffee & tea in our lounge	✓
Water to go go	✓
Kickstart welcome package, upon arrival	✓
Fresh juices and nhow style smoothies	✓
Unplug closing package 1hr drinks & snacks	✓
Always-on power snacks in meeting room	✓
3 course energy dinner or buffet	✓

200%

super power!

£155

100%

fully loaded

£115

recharged £105	charging £95	getting started £82.50
E103	£95	E02.50
/	/	✓
/	✓	/
✓	✓	✓
/	/	√





You can also book our packages for **half a day** (4 hours) with or without lunch. Ask us for the options!



kickstart welcome package

Your first treats upon arrival! And first impressions count, so we've gone all out to impress with for example cookies, pastries, fresh fruit, natural yoghurt with a touch of fruit and crumbled apple pie. Tuck in!



power snacks in the meeting room

A power pack full of sweet and savory snacks, from nut or muesli bars, to sweets, vegetable crisps and hand fruit.



morning power your tempting break in the morning

A healthy snack and a sweet guilty pleasure, served with refreshing drinks.



unplug closing package

1hr drinks & snacks

Winding down is just as import as charging up, so enjoy 3 snacks per person (meat, veggie, and fish options), and choose between soft drinks, draft beer, and house wine. Cheers to a hard day's work!



afternoon power

your tempting break in the afternoon

The perfect combo of something savory and something sweet, plus colorful drinks to wash it all down.



fresh juices and nhow style smoothies

Bright colors, tempting flavors, happy stomachs!



battery recharger lunch

A street food experience to share. Think fresh bread, delicious dips, cold cuts and surprising bites. Veggie options are always included to make sure there's something for everyone to enjoy.



3-course energy dinner or buffet

A variety of tasty dishes to share, with flavors from around the world. Hot and cold starters, warm main course items including side dishes (veggie option is always included). And to finish: your very own dessert. Yummy!

get more with our plug-ins

✓ Always-on mineral water	8.00	Always-on power snacks in meeting room	8.00
✓ Welcome coffee & tea	8.00	✓ 3 course energy dinner (or buffet for >30 people)	65.00
✓ Always-on fruit in meeting room	10.00	✓ Always-on drinks during dinner (soft, beers, wines)	21.00
Always-on soft drinks for the sugar lovers	14.00	✓ nhow cocktail (with or without alcohol)	11.00
✓ Always-on coffee & tea	8.00		
✓ Water to go go go	3.00		
✓ Kickstart welcome package	8.00		
✓ Fresh juices and nhow style smoothies	9.00		
✓ Unplug closing package 1hr drinks & snacks	19.00		

^{*}Prices quoted are per person and only applicable as an upgrade to our meeting packages, all prices are in pounds sterling and include taxes and fees.



do you dare?

THEN PLEASE GET IN TOUCH:

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